

## **FACIAL AESTHETICS**

### **PREVENTION AND/OR REDUCTION OF LINES/ WRINKLES**

Cosmetic medical (non-surgical) procedures are becoming more and more popular. In our Clinic we offer facial aesthetic treatments that enable you to enhance the appearance of your face and achieve a more youthful look in a subtle way. This is achieved with the use of a neurotoxin, a naturally found protein that relaxes the muscles that produce movement and therefore creases in the skin. With repeated use existing lines can soften, and deeper or further lines are prevented from appearing. In certain cases specific facial features can be elevated creating a lift. The effect lasts for about 3 to 4 months after which muscle function in the treated area gradually returns. Repeat treatment is necessary to maintain the result, however with a regular treatment schedule over the first year, the effects of the treatment should be more prolonged in the second year and onwards. The most commonly treated areas are frown lines, forehead lines and crow's feet. Other indications are correction of gummy smile, treatment of bruxism, correction of downturned corners of the mouth, neck (Nefertiti) lift, brow lift, treatment of bunny (nasal) lines, smoker's lines, and excessive underarm perspiration (sweating).

Dermal fillers are used to treat established lines, create volume, and correct loss of volume in the face. Hyaluronic acid is a substance that is naturally found in the skin and can have a truly rejuvenating effect. It hydrates the skin, restores and maintains the skin's elasticity, increases collagen production and produces a skin firming effect. It can also be used to enhance the contour and add volume to areas such as lips. Nasolabial folds and marionette lines are commonly treated with dermal fillers. Advanced indications include cheek augmentation, deep line rejuvenation, perioral sculpting and hand rejuvenation. The effect lasts for around 12-18 months depending on the type of filler, area treated, body metabolism, and environmental factors.