

PERIODONTAL (GUM DISEASE) TREATMENT

There are two broad categories of periodontal (gum) disease: (i) *gingivitis*, which is inflammation of the gums, a more superficial, contained and reversible condition, and (ii) *periodontitis*, which also affects the supporting structures of the teeth leading to bone loss and eventually tooth loss. The latter is considered as the major cause of tooth loss in adults and can only deteriorate without appropriate specialist care.

The aim of periodontal treatment is to reverse the destructive process of the supporting tissues around the teeth, improve the health of the mouth and prolong the life of the teeth for as long as possible. This can be achieved primarily with non-surgical intervention. Prevention is key, as well as appropriate maintenance, tailored to the individual's needs. In the minority of cases surgery is indicated with the aim to correct existing defects or even regenerate some of the lost tissues around the teeth.

Stella treats periodontal cases in a most efficient and predictable manner, based on her extensive knowledge, experience, skill and interest. She achieves extremely favourable results for her patients over longer periods of time ensuring tooth stability and better overall oral health. It should also be noted that there are links between periodontal disease and general health problems, for example heart disease, so keeping your mouth healthy can prevent or contribute to better management of other health problems too.